

ANGELO J. MATTALINO, M.D.

Diplomate, American Board of Orthopaedic Surgery

Dr. Mattalino is a Board Certified Orthopaedic Surgeon well trained and experienced in Sports Medicine and Arthroscopic Surgery. His practice focuses on the diagnosis and treatment of athletic injuries. He has two decades of experience in the evaluation and treatment of professional, college and high school athletes.

FELLOWSHIPS

- Sports Medicine, Shoulder, Elbow and Arthroscopic Surgery Fellowship; American Sports Medicine Institute; James R. Andrews, M.D.; Birmingham, Alabama
- Sports Medicine, and Knee Surgery Fellowship; J.R. Steadman, M.D.; Tahoe Fracture and Orthopaedic Medicine Clinic, South Lake Tahoe, CA (presently Vail, CO)

EDUCATION

- Orthopaedic Surgery Residency; Tulane Medical School; New Orleans, LA, 1983-1987
- Orthopaedic Flexible Internship; Charity Hospital/Tulane Division; New Orleans, LA, 1982-1983
- University of Texas Medical Branch at Galveston; M.D., 1982
- University of Mississippi Medical School; M.S.
- Strake Jesuit College Preparatory, Houston, TX

CERTIFICATION

- Board Certified American Board of Orthopaedic Surgery

MEMBERSHIPS

- American Academy of Orthopaedic Surgeons
- American Orthopaedic Society for Sports Medicine
- Arthroscopy Association of North America
- Association of Major League Baseball Team Physician's Society
- Professional Team Physician's Association
- Association of Tennis Professionals Tournament Physician's Society
- American Sports Medicine Institute Fellowship Society
- Steadman-Hawkins Sports Medicine Fellowship Society
- National Athletic Trainer's Association
- Jack C. Hughston Sports Medicine Society
- Arizona Medical Association

ORTHOPAEDIC CONSULTANT

- Major League Baseball- International Baseball Federation
- MLB Orthopaedic Surgeon for 2004 Summer Olympic Games; Athens, Greece
- Head Team Physician; USA Baseball Gold Medal Winning 2000 Olympic Baseball Team; Sydney, Australia
- Medical Director/Orthopaedic Surgeon- Major League Baseball's Arizona Fall League since its inception 1992
- Medical Director/Orthopaedic Surgeon- ATP Tennis Tournament; Scottsdale Arizona since 1990
- Head Team Physician- Milwaukee Brewer's Baseball Club 1997-2001
- Central Arizona College
- Director- Scottsdale High School Athletic Programs
- 3 Mesa High School Athletic Programs
- Seton Catholic High School
- Scottsdale Healthcare, Scottsdale Arizona; Clinical Instructor of Sports Medicine, Family Practice Residency Program; 1990-present
- Mayo Clinic, Scottsdale Arizona; Clinical Instructor of Sports Medicine, Family Practice Residency Program; 1996-present
- Associate Master Instructor In Arthroscopy of the Knee; 1995-1996; Arthroscopy Association of North America

PRESENTATIONS

- Guest Speaker: Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/05 Scottsdale, AZ
- Guest Speaker: Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/03 Birmingham, AL
- Guest Speaker: Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/01 Phoenix, AZ
- Guest Speaker: Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/00 St. Petersburg, FL
- Guest Speaker: Association of Major League Baseball's Team Physicians' Society Meeting, 12/99 Anaheim, CA
- Guest Speaker: Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/99 Birmingham, AL
- Guest Speaker: Professional Baseball Athletic Trainer's Society Meeting, Host: Lewis Yocum, M.D.; 1/99 Anaheim, CA
- Guest Speaker: Association of Major League Baseball's Team Physicians' Society Meeting, 12/98 Nashville, TN
- Moderator: ATP Tournament Physician's Conference; 12/98 Carlsbad, CA

- “Management of The Unstable Throwing Shoulder,” Lincoln Institute for Sports Medicine; 11/98 Phoenix, AZ
- “Surgical Considerations of Glenohumeral Instability,” SPTS Clinical Competencies Workshop and Conference; 5/98 Phoenix, AZ
- Guest Speaker: Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/98 Birmingham, AL
- Guest Speaker: Association of Major League Baseball’s Team Physicians’ Society Meeting, 1/97 New Orleans, LA
- “Role of a Team Physician,” Mayo Clinic Family Medicine Residents Presentation; 4/97 Mayo Clinic, Scottsdale, AZ
- “Shoulder Injuries: Diagnosis and Treatment,” Kirksville College Physical Therapy School; 3/97
- “Examination of the Knee and Shoulder,” Grand Rounds; 1/97 Mayo Clinic, Scottsdale, AZ
- Key Note Speaker: “Shoulder and Elbow Problems,” Injuries in Baseball Course, Host: James R. Andrews, M.D.; 1/97 Birmingham, AL
- “Shoulder Challenge 1996: A Rehabilitation and Surgical Approach to Management of Shoulder Pathology,” Northeast Seminars; 11/96 Indianapolis, IN; 9/96 Philadelphia, PA; 5/96 Boston, MA; 2/96 Palm Springs, CA
- “A Non-Surgical and Surgical Approach to Pathophysiology of the Shoulder,” Northeast Seminars; 3/96 San Francisco, CA
- Associate Master Instructor; “The Masters’ Experience: Advanced Knee Course,” (Master Instructor-James R. Andrews, M.D.) Arthroscopy Association of North America; 2/96 Chicago, IL

RESEARCH

- “Intra-Rater Reliability of a Manual Technique to Assess Anterior Humeral Head Translation of the Glenohumeral Joint,” Research Completed May 1999.
- “Objective Quantification of Anterior Humeral Head Translation in Professional Baseball Pitchers,” Research Completed 1998.
- “Bilateral Comparison of Medial Elbow Laxity Using Stress Radiography in Normal Throwing Athletes and in Athletes with Medial Elbow Pain,” Research Completed 1997.
- Masters’ Thesis: “Histochemical Study of Connective Tissue Age Changes in Coronary Arteries,” 1977.

PUBLICATIONS

- The Elbow in Sport: Mechanics of Injury, Evaluation, and Treatment, Human Kinetics, 1995.
- “Shoulder Instability Chapter,” Physical Therapy of the Shoulder, 3rd Edition, Churchill Livingstone, 1995.
- “Inter-Rater Reliability of a Manual Technique to Assess Anterior Humeral Head Translation of the Glenohumeral Joint” Journal of Orthopaedic and Sports Physical Therapy, Volume 30, Number 1, January 2000.
- “Tennis Elbow Article,” ESPN.COM: Training Room, ESPN Web Site, July 1999.
- “Glenohumeral Joint Range of Motion and Rotator Cuff Strength Following Arthroscopic Anterior Stabilization With Thermal Capsulorrhaphy,” Journal of Orthopaedic and Sports Physical Therapy, Volume 29, Number 3, March 1999.
- “Objective Quantification of Anterior Humeral Head Translation in Professional Baseball Pitchers,” The American Journal of Sports Medicine, Accepted for Publication, 1999.
- “Medial Elbow Joint Laxity in Professional Baseball Pitchers: A Bilateral Comparison Using Stress Radiography,” The American Journal of Sports Medicine, Volume 26, Number 3, May 1998.
- “Concentric Isokinetic Shoulder Internal and External Rotation in Professional Baseball Pitchers,” Journal of Orthopaedic and Sports Physical Therapy, Volume 25, Number 5, May 1997.
- “Arthroscopic Anterior Stabilization with Laser Capsulorrhaphy: An Outcome Oriented Protocol,” Submitted to Journal of Arthroscopy, 1997.
- “Shoulder Arthroscopic Anterior Stabilization with Laser Capsulorrhaphy,” Video Journal of Orthopaedics, To Be Published, 1997.
- “Comparison of Open and Closed Kinetic Chain Upper Extremity Tests in Patients with Rotator Cuff Pathology and Glenohumeral Joint Instability,” September 1996.
- “Glenohumeral Joint Internal and External Rotation Range of Motion in Professional Baseball Pitchers,” Manuscript in Progress.
- “Rehabilitation Protocol for Shoulder Arthroscopic Anterior Stabilization with Laser Capsulorrhaphy,” A Preliminary Report.
- “Office Evaluation and Treatment of Lower Extremity Injuries in the Runner,” Clinics in Sports Medicine, July 1989.